

**January
2018**

La Rosa Elementary Lion's Den



IMPORTANT DATES *JANUARY*

College Day	10
Spirit Day	12
NO School- M.L. King Day	15
College Day	17
Fantastic Football Dress Up Day	19
College Day	24
Minimum Day	25
Spirit Day/ Minimum Day	26
Early Release Day	31



Welcome Back

Dear Families,

Happy New Year! We hope you had a fun and relaxing break full of quality family time! Are you ready for a fantastic 2018? A new year signals a fresh start, a time for looking ahead and setting new goals. Continue to work hard because your success is important at La Rosa!

AIP & ASES Program

There will not be AIP on Tuesday, January 9th through Thursday, January 11th. AIP will resume on Tuesday, January 16th. However, ASES will be available as of Tuesday, January 9th.

Every Day Counts

Teachers cannot teach students who are not in school. There is strong evidence that regular school attendance can lead to significant increases in test scores. So remember to make sure your child attends school on time every day. Please try not to schedule all appointments during school hours.



La Rosa Students are empowered with Greatness!

La Rosa students have been introduced to "12 Special Tools" that we all have inside of us to help us problem solve and get along with others better.

Students have also been introduced to "The Zones of Regulation", which are categorized into four different colored zones. This is a way for them to check in and identify how they are feeling and self-regulate using the tools from our special toolbox.

Parents ask your children, "What zone are you in?" and "What tools can you use to get back in the Green Zone?"

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Scared Moving Slowly	Happy Calm Feeling Okay Focused Ready To Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling / Hitting Elated Out of Control

"12 Special Tools"

- | | |
|------------------|-------------------------|
| Breathing | Taking Time |
| Quiet/Safe Place | Please and Thank You |
| Listening | Apology and Forgiveness |
| Empathy | Patience |
| Personal Space | Courage |
| Using Our Words | Garbage Can |

